



KILMORE SHOW HIGH POINT WINNER – BECK CONBOY

KILMORE AND DISTRICT Adult Riding Club

IN THIS ISSUE

Letter from the editor

by Sue Flavin

Welcome to the January Newsletter. What a busy time it has been for the club with the Kilmore Show on December 7 and our Christmas break up the following weekend.

Congratulation to the Show Committee for all their preparations and excellent organization. Everything went like clockwork and the day was a great success. You can read the full report on page 5.

The Christmas rally obstacle course, organized by Sue Williams, was challenging and fun. Beth's fundraising raffle was an outstanding success Pictures and more information page 7.

To top off the year three of our club members have made it onto the **Saddle Up Top Ten Leader Board**. Congratulations to Sue Williams, Helen Wildes and Rebecca Conboy. For more on this story head to pages 4 & 5.

Thanks to Joanne for sending through articles for this newsletter. I would love to receive your emails, phone calls or text messages with ideas, photos and stories to share.

My email address is Sueiflavin@gmail.com
Mobile is 0411 643 533
Happy reading and riding

BOOK REVIEW

The Girl On The Dancing Horse by Charlotte Dujardin
P6

DATES FOR YOUR DIARY

February Rally - Saturday 1st
Kylie Calderwood,

March Rally - 7th FLAT ONLY: *Nicole McOwn*

April 4th-5th Dressage weekend at Elmore



Christmas Rally Report Page 7



The Great Victorian Rail Trail
Part 1 - Tallarook Page 3

Committee Meetings All Welcome



JANUARY

Next Meeting 30th January 2020 Trackside,
Golden Reign Room

FEBRUARY

Meeting 30th: Trackside Kilmore.

MARCH

Meeting 5th: Trackside Kilmore.

APRIL

Meeting 2nd: Trackside Kilmore.

Dressage Jackpot

Now the Kilmore Show is over for another year we begin to organise the dressage jackpot on 5th April. Any company/person that would like to sponsor a section (\$150 donation) will include your name on the jackpot winner's rug and lots of advertising at the event and via our dedicated Facebook page. Please contact Gail Allingham if you are interested Subcommittee to include Helen (liaison with Pyalong /Glenaroua), Maxine, Lesley, Gail and Sarah with Beth to take on administration role and liaise with Horse comps and HRCav. First meeting in January.

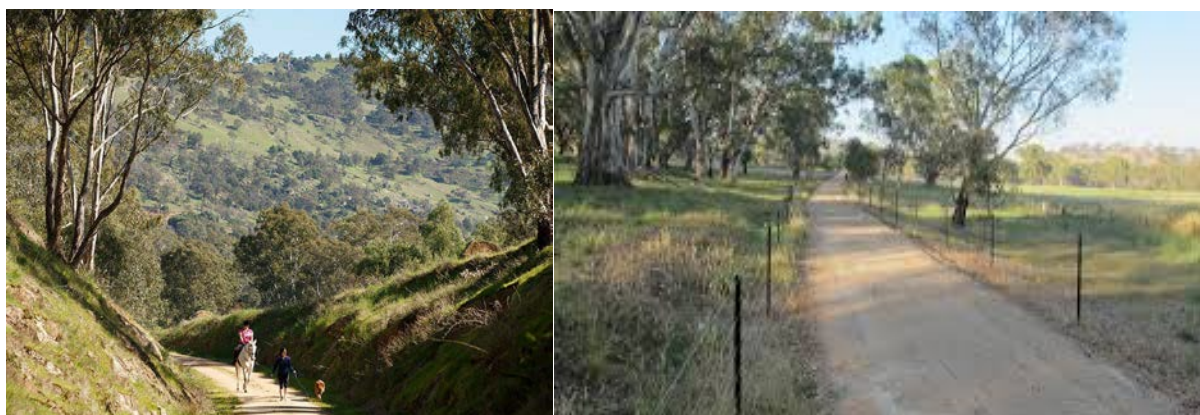
Places to ride in our District

The Great Victorian Rail Trail Part 1- Tallarook

<https://www.greatvictorianrailtrail.com.au/>

The Great Victorian Rail Trail is Australia's longest rail trail. The trail rides extends for 134 kilometers from Tallarook, through Yea to Mansfield, with a spur line linking Cathkin and Alexandra. The trail it passes by rivers, beautiful valleys, lakes and mountains.

In part one of this story we will begin with the section closest to us - the Tallarook trail. Beginning at the horse yards on the corner of School House Lane and Upper Goulburn Road Tallarook, the trail runs through shady woodland, farm land and along the Goulburn River until it reaches the Goulburn Valley Highway, at Trawool. This section is approximately 10km in length. (one way)



At Tallarook you will find

- Plenty of off road float parking
- Horse Yards
- Water Trough

The trail is mainly constructed of crushed gravel and my horse prefers to be ridden in boots or in shoes on this surface. The ride initially follows along the course of the road (although there is a section of bush between it and the trail. The track and then veers off into farm land. You will come across a couple of small concrete foot bridges, which I walked my horse over the first few times.

The trail is a shared path between walkers, bicycle rides and horse riders so you do need to keep tuned into what is going on around you. Having said, that few people appear to use the trail and the earlier or later you go in the day the fewer people there are.

Taking horses out of the arena helps to keep them fresh and engaged in training. Charlotte Dujardin and Carl Hestor give each of their horses a hack twice a week. Riding out also gives the horse an opportunity to learn how cope in new and challenging environments.

We are very fortunate to live in a fabulous environment, with so many wonderful trails right on our doorstep. Why not call your friends and arrange to go out for a ride?

Competition News- Congratulations Sue Williams and Prince

Sue Williams and Prince have had a stellar few months

The **Saddle Up Top Ten Leader Board** puts her in first place for Horse Trials and on the board for Show jumping.

Over the last few months they have notched up an impressive list of results

- Benalla TTT 3rd in the first test, 5th in the second and 3rd in the jackpot
- Smythesdale ARC Horse Trails first place.
- Yarra Glen ARC Horse Trials 4th place

Congratulations Sue, you have achieved a great partnership with Prince. Thank you also for the great work you do organizing Club rallies The pictures below show just how far you and Prince have come. Picture on the left December 2017 and on the right Prince in 2019. What an amazing difference!



Congratulations Helen and Elouise

I am delighted to report Helen and Elouise have made it onto the dressage **Saddle Up Top Ten Leader Board**. What a fabulous year they have had, culminating in success at Dingley where they scored 72.58 and 68.48 which was a 1st and a 2nd. The pair now have their sights on doing well when they ride their first Level 1 test in 2020.

Well done Helen on maintaining your focus and commitment over many years of working with Elouise. The results speak for themselves.



Kilmore Show 2019

The Show Committee did a marvelous job of making sure all the necessary preparations were attended to prior to the day. Lesley, Sarah, Beck and Jo organized the program, took entries, organized the Social Media and answered enquiries. Gail was involved in getting all the necessary paper work prepared. And of course the show could not go on without the support of sponsors which were organized by Jo, Beck and Justyne. Please show your appreciation by supporting these businesses

Our 2019 sponsors were

- Southside Stock Feeds
- Kilmore Glass
- Blue Sky Pony Rides
- Retreat Spa & Massage
- Healing Hands Massage
- Kilmore Equestrian Centre
- Bianca's Horse Massage
- Petstock Kilmore who donated 5 x \$50 vouchers for our Champions

The morning of the Kilmore Show dawned fine, but cold. An enthusiastic group arrived at the chilly grounds around 7:30 to set up the tent and arenas for the day. Joanne's organization was very impressive- a horse float loaded to the brim with everything that could be possibly needed for the day.

Our club members owe the Show Committee a huge thank you for the time they so willing and generously gave to make the show the success it was. So on behalf of us all THANK YOU.



Sherrie Lee and her mount Tonik from Seymour Club– overall High Point Winner

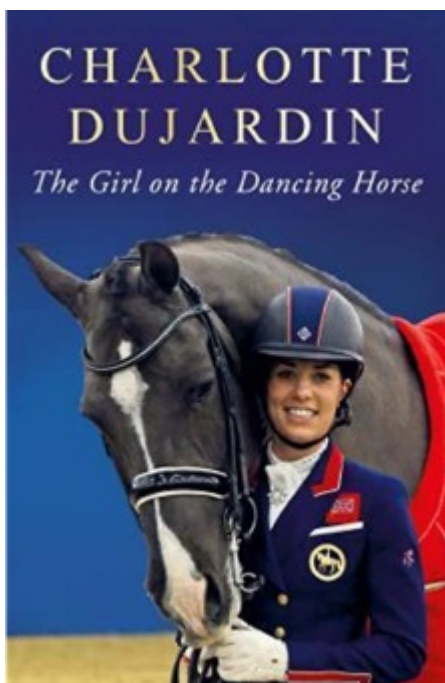


Beck Conboy and Varasity Winner of our Club Highpoint.. Horse and rider looking absolutely beautiful. Beck has also made it onto the **Saddle Up Top Ten leader board for Showing.**

Book Review

The Girl on the Dancing Horse

“This is the story of an outsider, an unlikely horse and the incredible bond that took them to Olympic Gold”



Charlotte and Mount St John Freestyle posting a remarkable 87.52% at Olympia 2019

With the Tokyo Olympics beginning in roughly 200 days, you may be interested to read about one of the world's dressage superstars - Charlotte Dujardin.

Charlotte and Valegro hold the highest score achieved by horse and rider in a dressage freestyle round, 94.3% in the London FEI World Cup at Olympia, on 17 December 2014. They also achieved gold medals at London 2012 and in Rio 2016.

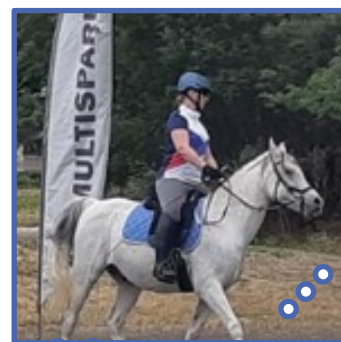
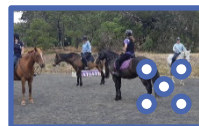
The book provides a detailed look into Charlotte's early years, growing up in a very horsey family and how she managed to transition from showing ponies to dressage. After winning all the major titles and with everything achieved within the show ring Charlotte made the decision, at 16, to move into the world of dressage.

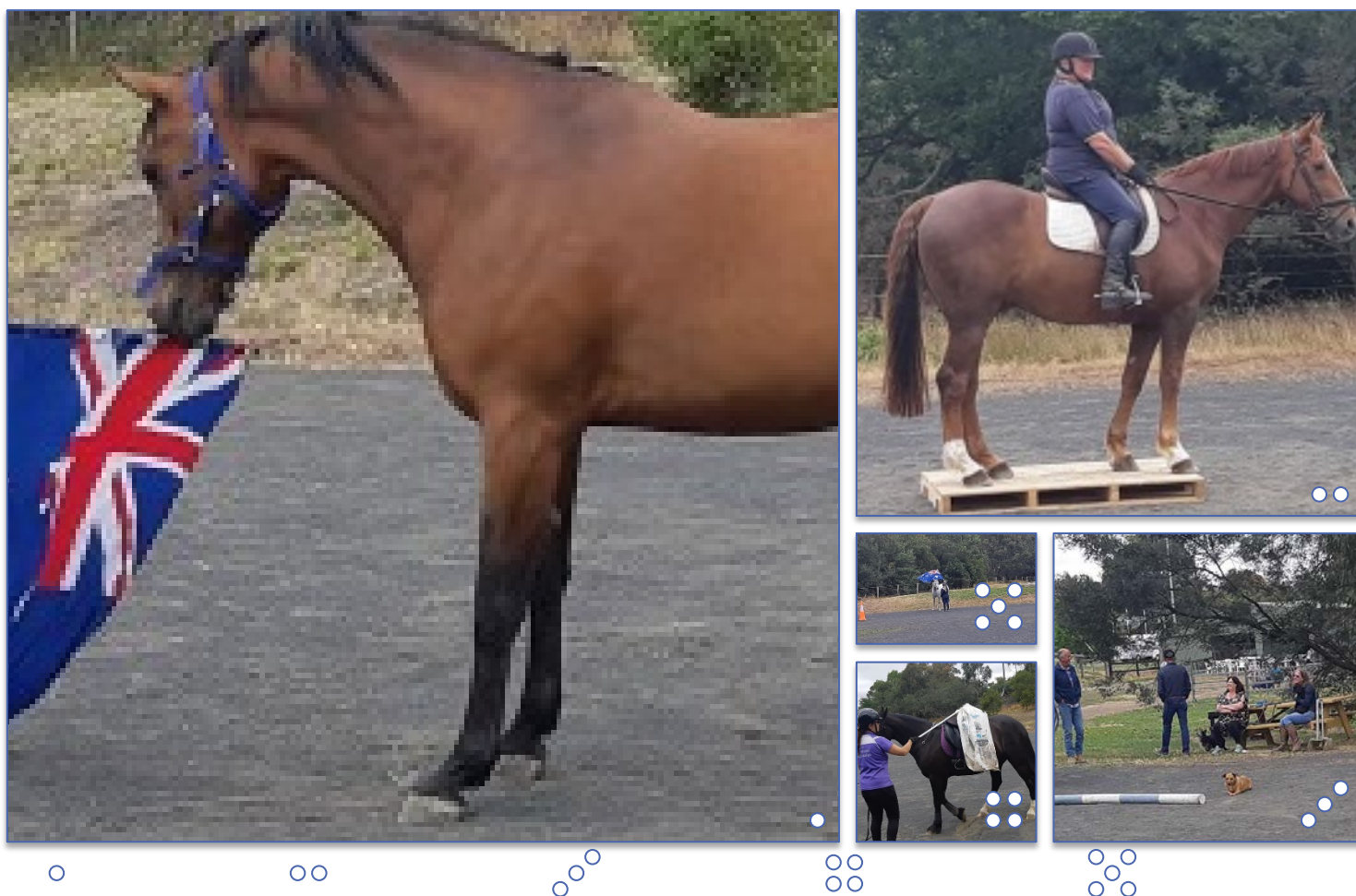
With her Mother's guidance and a small amount of financial support Charlotte was lucky enough to take up a position of unpaid groom for Carl Hester. The story of Charlotte's progress from a "nobody" in the world of dressage to a world superstar is a modern day horsey fairy tale and provides a most enlightening and enjoyable read.

I can recommend this book, which offers a most enjoyable read and introduces Charlotte's new horses including Mount St John Freestyle which she hopes to ride in Tokyo 2020.

Rally Report- December 2019

by Joanne Empey and Sue Flavin





The Christmas rally was well attended and everyone enjoyed the relaxed and celebratory atmosphere. We shared a lovely lunch, welcomed a new member, Joel, had fun on the obstacle course and the raffle winners were drawn. On behalf of the club I would like to say a huge THANK YOU to Beth for all her work organising the raffle, which was a great success.

Sue Williams planned and set up the obstacle course which we completed from the ground first and then under saddle. The horses responded well and it was fabulous to see them calmly stepping up onto the shipping pallet, walking between the flapping flags and through the noodle gate. This was a valuable experience for all horses and owners, building confidence in new situations and developing better control under saddle.



Rally - Sunday 5th January 2020

by Sue and Joanne

With bushfires raging across East Gippsland and North East Victoria and the temperature set to reach the high 30s it was decided to move the rally to the Sunday. Luckily our instructor, Lisa was able to make the change. With the forecast for Sunday looking cooler and more favourable no one could have predicted how dramatically the weather would change becoming cold, wet and windy. In fact it was so cold I lit my fire, at home, and had it burning all day Sunday through into Monday.

The weather did impact on rider numbers, however the fit and brave at heart rode on undaunted by rain, cold and wind. First off the mark were Sue and Maxine followed by Joel and Joanne. Joanne reports that she had some challenging moments with her horse, but was very impressed with Joel's horse Winston who was a gem. Joel and Winston did a super job for their first rally. Erica was the last to ride.

Thank you to Lisa for standing out in the rain and cold. All riders did well to ride in the bad weather. After the lesson a group of riders and non-riders gathered in the shed to enjoy a BBQ lunch, which was lovely.

The support of a great group of people is key to the club's success. Joanne and I, like many others are feeling on edge with the fires going on and on. With Wandong and surrounds being so heavily impacted by the fires of 2009 Joanne writes "it is so great to feel the support and be around people who know what you are going through."



Thank-you to our sponsors



Healing Hands Remedial Massage & Myotherapy

p. 0400037 567 | Fb. [Courtney's Healing Hands](#)

- Dry Needling, Cupping, trigger Point Therapy
- Deep Tissue, Relaxation Massage
- 10% Discount when booking a massage for current financial members of K&DARC



Beck Conboy: Kilmore Glass and Glazing

Ph. 0403 287 365

We are a local business working with any flat glass replacements from domestic windows, shower screens, shop fronts, table tops, cat/dog doors and more!

bluskyponyrides@hotmail.com



southsidestockfeeds.com.au



Ph. 5782 2866

info@southsidestockfeeds.com.au



Lisa Hyville: Eagle Elms Warmbloods & Riding Instruction

ph. 0412535430 | Fb. [Eagle Elms Warmbloods](#)

Clients can be confident that both they and their horses will be handled with professionalism and integrity. I will strive to offer a safe, fun learning experience, that will improve rider position through body balancing techniques and exercises.

PETstock Kilmore



Rally Information

All rally payments are to be paid into the Club account by the Thursday with the reference: **Your Name + Rally**. Cash payments can be made by prior arrangement with the Treasurer. This allows us to confirm numbers with the instructors and organize the groups.

Official Rallies are \$30, Unofficial Rallies are \$20. Bookings are finalized the Monday before

CANCELLATIONS

Any rally cancellations received after 6pm on the Monday still require payment unless a vet/ medical certificate can be supplied.

If you need to cancel, please call or SMS the Rally Coordinator.

PAYMENTS

Payments are to be made to:

Kilmore & District Adult Riding Group

BSB: 633000

ACC: 154624829

NEXT RALLY

14h December at the club grounds

MANURE

Instead of placing the manure under the trees we are trialling placing the manure in old feed bags and leaving out for the neighbouring community for their gardens. Hopefully a win for all.

LUNCH

Don't forget the yummy BBQ lunch starts up again in October. All welcome so even if you're not riding come on down for a chat. Lunch \$5 per person. Could those riding please bring something to share for lunch. A salad, dessert or nibbles would be very much appreciated.



CLUB CONTACTS

President

Lesley Holmes
0409 842 231

lesley.holmes@wilsonart.com
lrholmes55@gmail.com

Vice President

Joanne Empey

joanneempey@gmail.com

0411 161 600

Treasurer

Beth Wentworth

bethwestworth84@yahoo.com.au

0408 836 905

Secretary

Gail Allingham

secretary@kadar.org

gail6070@gmail.com

0401 218 667

Assistant Secretary

Maxine Coucill

maxcoucill@gmail.com

0400 381 317

Communications Officer-**Facebook**

Beck Conboy

rebecca.conboy@hotmail.com

0413 079 219

Rally Coordinator

Sue Williams

jedda.williams@yahoo.com.au

0413 270 514

Rally Day Lunch Coordinator

Alison Gerring

jolly18@bigpond.com

Newsletter Editor

Sue Flavin

suejflavin@gmail.com

0411 643 533

Website

Sarah Powell

sandspowell@bigpond.com

0432 276 508

LB Davern Reserve**Representative**

Maxine Coucill/Mark Russell

maxcoucill@gmail.com

Risk Management Coordinator

Position yet to be filled

First Aid Officers

Position yet to be filled

Club Mailing Address

PO Box 446, Kilmore Vic
3764

Website

www.kadarc.org

Club email

secretary@.kadarc.org

**Members only Facebook
group**

<https://www.facebook.com/groups/kadarclub/>

