

BECK CONBOY – CHAFF CHAT COVER FEBRUARY 2020

KILMORE AND DISTRICT Adult Riding Club

IN THIS ISSUE

Letter from the editor

Sue Flavin

Welcome to the March Newsletter.

What a fabulous surprise to see our own Kilmore ARC member Beck Conboy and her lovely horse VARASITY on the February cover of *Chaff Chat*. This beautiful photo was taken late last year at Kooweerup Show.

The dressage Committee are well advanced with their preparations for day two of the dressage jackpot at Elmore. They are depending on the help of all members to make this day a success. Please make yourself available as this is a large undertaking and a key fund raising event for the Club. You can sign up on the Facebook page or get in contact with the Club Secretary Gail Allingham.

In this issue we explore another part of the Great Victorian Rail Trail. If you are looking for a fun day out with family, friends and horses this is an ideal ride.

We also introduce Tristan Tucker's Horse and Country TV series which is available on Youtube.

Thanks to Gail for sending through items for the newsletter. I would love to receive your emails, phone calls or text messages with ideas, photos and stories to share.

My email address is
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Happy reading and riding

ONLINE REVIEW

Tristian Tucker and the TRT Method Page 5

DATES FOR YOUR DIARY

April 2 (Thursday) MidWeek Rally – Nicole McOwn
April 5 Dressage weekend at Elmore
May 2 Rally - Nicole McOwn



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The Great Victorian Rail Trail

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Committee

Meetings Dates

All Welcome



APRIL

Meeting Thursday 2nd: Trackside Kilmore.

May

Meeting Thursday 30th **April** Trackside Kilmore- This is the Thursday immediately prior to the May Rally

*** June***

Meeting Thursday 4th June Trackside Kilmore.

Dressage Jackpot

The organization for the dressage jackpot on 5th April is now well under way with sponsors arranged for all the levels. The ribbons and catering is also arranged. Please keep the 5th April free as we will need a lot of assistance on the day.

Please support our sponsors who will be displayed on the Facebook page.

Entries are now open and it would be nice to see some Kilmore entries.

There is also an OTT award for the best performed TB.

Thanks to the dressage committee Lesley, Sarah, Maxine, Gail, Helen and Beth.

Should be a great day.

Gail Allingham

A day out with horses and friends

The Great Victorian Rail Trail Part 2- Cheviot Tunnel

<https://www.greatvictorianrailtrail.com.au/>

The Great Victorian Rail Trail is Australia's longest rail trail and extends for 134 kilometers from Tallarook, through Yea to Mansfield, with a spur line linking Cathkin and Alexandra.

In part one of this story we began with the section closest to us, the Tallarook trail. In part two we look at the historic Cheviot Tunnel section which is further afield and great for a day out with horses, dogs, family and friends. Located off the Goulburn Valley Highway, roughly 9 kms from Yea heading towards Molesworth. This is an easy, quiet and historic section of the trail.



Built in the late 1880's, to pass trains across the Black Range at McLoughlin's Gap, this is the only tunnel along the trail, located roughly half way between Yea and Molesworth. If you are brave enough you can ride or walk your horse through the 210m long tunnel or follow Cheviot Road to completely bypass it and then ride across to rejoin the trail.

Completely separated from road traffic, this ride takes you off the beaten track and well way from settlements. The path is shady and traverses farmland and forest. You will come across a few concrete bridges and of course there is always the possibility of meeting cyclists and walkers. I find few people use this section of the trail as it is a reasonable distance from nearby towns and that it is one of the most quiet trail sections.

There is

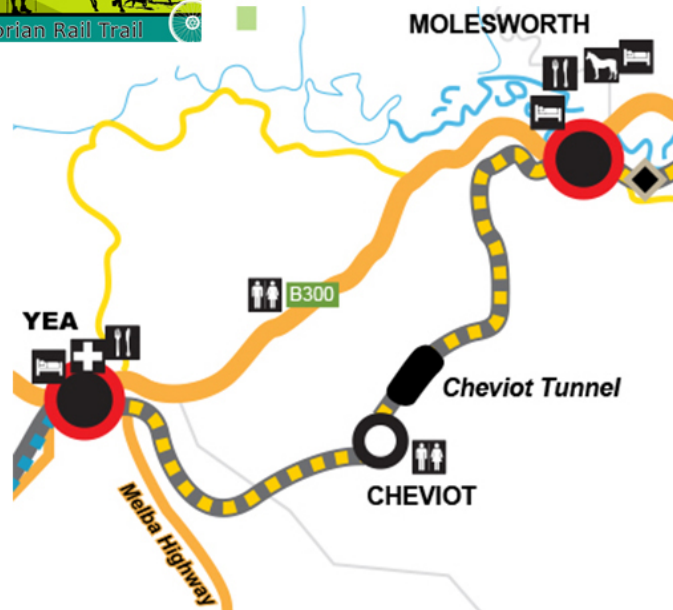
- a horse trough at Cheviot Tunnel
- toilets at Molesworth and Cheviot
- horse yards at Molesworth
- excellent parking at either end of this trail

You can explore various parts of the trail over successive visits. This is achieved by using the numerous jumping off points which intersect the trail.

You can ride from Cheviot to Molesworth which is 12kms and takes taking around 3-4 hours return or explore

- **Molesworth Rail Park** (turn off at Whanregarwen Road) you will find horse yards, plenty of off road parking with a good turning circle (8km)
- **Native Dog Road** turn off the Goulburn Valley Highway at Native Dog Road- drive along this dirt road until it runs parallel with the rail trail. Plenty of off road parking places. This part off the trail is very quiet and runs through farm land
- **Cheviot Tunnel** turn off the Goulburn Valley Highway Whites Road travel along this road until it intersects Cheviot Road, turn left and follow this road until you see parking just before the tunnel entrance.

Yea to Molesworth Section of the Great Victorian Rail Trial



YouTube Viewing – Tristian Tucker's TRT Method Series

“My message is that every horse can be confident and relaxed. It just takes the right training”- Tristian Tucker



Tristan Tucker is an Australian international dressage rider and trainer who has his own stables in the Netherlands where he trains horse from the beginning to Grand Prix.

I came across his TRT method series a year or so ago and found the twelve 30 minute episodes filmed for Horse and Country TV to be instructive and useful enough to recommend them to you. The series covers a range of issues including problem owners and problem horses

The series covers the following

Episode 1 – *The Tense Dressage Horse* In this episode Tristan helps dressage para rider Yvette with her tense horse Flynn, who spooks a lot.

Episodes 2-4- *The Vertical Mare* – These episodes focus on Jayda a young, nervous dressage horse who is not wanting to be ridden or floated. I found the way Tristan worked with the horse very helpful and in particular changed my own float training methods.

Episodes 5 & 6 *The horse shy eventer* in these episode Tristan is helping an eventing mare that is so scared of other horses, she ran out of the warm up.

Episodes 7 & 8 *The explosive gelding* In these two episodes we meet Iron Man, the explosive gelding. He seems to start running out of nowhere and his owner is desperate to help solve this problem.

Episode 9 *The horse shy eventer* The story of the horse shy eventing mare continues in Part 3

Episode 10 *The dressage horse that's afraid of strange surfaces* Meet Santorini, a fourth level dressage horse that's afraid of strange surfaces. Especially when on competition... Tristan works together with Rose to solve this problem.

Episode 11 & 12 *The horse that runs while getting on* In this episode we meet History and his rider Paulette. History has a 'history' of running away when the rider wanted to get on. Tristan shows Paulette the steps of solving this problem

Competition News - Out and About with our Club Members

Ruffy Show Sunday February 2nd 2020

Joanne Empey had a very successful day at the Ruffy Show winning a 4th place, 3rd place, 1st place and Reserve Champion. A great deal of preparation and training goes into achieving these results. If you follow the Facebook page you will see Joanne is down at the Club grounds training her horse every few days as well as attending the mid-week rallies. This is a great effort and it is lovely to Joanne achieving success.



Prince Places at Whittlesea CT

Sue Williams and Princey placed 3rd in a big competitive field at Whittlesea CT. Prince did very well with his Dressage test, which thrilled Sue. He achieved a clear round in the Show Jumping and did not a foot wrong. Another super day for this hot team.





Kilmore & District ARC DRESSAGE JACKPOT Sunday 5th April 2020 Preceded by Pyalong & Glenaroua on Saturday 4th

VENUE: Elmore Events Centre, Rosaia Road, Elmore
ENTRIES: www.horsecomps.com.au - Online entries only for this event
ENTRY FEES: \$70 per Jackpot \$30 per extra test
 Fees include facility fee and use of a day yard
PAYMENT: EFT: Kilmore DARC BSB: 633000 Acct: 154624829
 CHEQUE: Kilmore DARC – Post to 3 Miller Street, Box Hill 3128
ENQUIRIES: Lucinda Mack – cinmack@hotmail.com or 0448 880 226
YARD/STABLES: Yards included in entry fee. For stabling/camping contact:
 Elmore Equestrian Centre www.elmoreequestrianpark.com.au 5432 6176
ENTRIES CLOSE: 18th March 2020
DRAW AVAILABLE: www.horsecomps.com.au
PRIZES: Sashes as per Event Rule 25
SCRATCHINGS: On the day – Lucinda Mack 0448 880 226

Rugs for Jackpot Champions

Dressage (July 2018 HRCV Tests)

Advanced	Level 1	Level 2	Level 3	Level 4	Level 5
Adv 1	1.1	2.1	3.1	4.1	5.1
Adv 3	1.3	2.3	3.3	4.3	5.3

CONDITIONS OF ENTRY:

- Event run under HRCV Rules and Regulations.
- Riders must enter at their assessed level and may enter the level above if entries permit.
- KDARC & EEC does not accept liability for any damage, injury, illness or loss arising from this event to any persons, horses or equipment.
- Membership/Performance cards must be handed to the card secretary prior to competing.
- Riders must supply their own numbers.
- All refunds will be less a \$15 admin fee. Refunds after the closing date only on receipt of Vet or Medical certificate within 14 days of the event.
- Gear check required prior to competing.
- Dogs on leads at all times and strictly no dogs in competition area.
- Cards and tests will be mailed out if an SSAE is supplied.

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HCRAV Event Calendar & Programs For March

For more information refer to - <https://hrcav.com.au/event-calendar-programs/>

March 21, 2020	<u>DRESSAGE JACKPOT (Official) – Lancefield EG</u>	March 10, 2020	Lucinda	0448 880 226
March 21, 2020	<u>SHOW (Official) – Northern Rivers EC @ Cohuna Ag Show</u>	March 21, 2020	Emma	0475 777 150
March 22, 2020	<u>DRESSAGE JACKPOT (Official) – Glenvale EC @ Lancefield</u>	March 10, 2020	Lucinda	0448 880 226
March 22, 2020	<u>DRESSAGE JACKPOT (Official) – Colac ARC – GSDS</u>	March 9, 2020	Leon	0438 331 295
March 22, 2020	<u>DRESSAGE JACKPOT (Official) – Won Wron ARC</u>	March 14, 2020	Karen	0407 433 956
March 22, 2020	<u>SHOW JUMPING (Official) – West Gippsland ARC</u>	March 15, 2020	Karen	0408 148 552
March 22, 2020	<u>SHOW (Official) – Shadmoor EC @ Boolara Gymkhana</u>	March 16, 2020	Gwyn	0427337773
March 28, 2020	<u>DRESSAGE JACKPOT WEEKEND (Official) – Terang ARC @ Terang</u>	March 16, 2020	Mark	0417 889 605
March 28, 2020	<u>TTT COMBINED TRAINING (Official) – Ballarat ARC @ Woody Yallock – 2 Days</u>	March 10, 2020	Lucinda	0448 880 226
March 29, 2020	<u>SHOW (Official) DOUBLE POINTS – WINTER WOOLIES- Leongatha EC & Wonthaggi ARC</u>	November 20, 2020	Nikki	0409 636 217
March 29, 2020	<u>DRESSAGE JACKPOT (Official) & Unofficial 3PE Comp – Rosedale & District ARC</u>	March 17, 2020	Deb	0425 752 412
March 29, 2020	SHOW JUMPING (Official) – Monash ARC – POSTPONED. DATE TBA		Stephanie	0431713249
March 29, 2020	<u>DRESSAGE JACKPOT WEEKEND (Official) – GGG series Round 3 – Terang ARC @ Terang</u>	March 16, 2020	Mark	0417 889 605

HCRAV Event Calendar & Programs For April

April 1, 2020	APRIL 2020			
April 3, 2020	DRESSAGE JACKPOT (Official) - Trentham ARC - Not so Midweek Series	March 27, 2020	Jessica	0405 284 245
April 4, 2020	DRESSAGE & SHOW (JUMPING WEEKEND (Official) - Cobram Barossa EC - 2 Days	March 26, 2020	Lucinda	0448 880 226
April 4, 2020	DRESSAGE JACKPOT (Official) - South Eastern Dressage Assoc @ Mt Gambier - Rnd 3 CCC Series	March 25, 2020	Kate	0428 596 901
April 4, 2020	DRESSAGE JACKPOT WEEKEND (Official) - Glenaroua RC & Pyslong RC @ Elmore - Day 1	March 20, 2020	Lucinda	0448 880 226
April 5, 2020	DRESSAGE JACKPOT (Official) - Mid South East Dressage Club @ Mt Gambier - Rnd 4 CCC Series	March 25, 2020	Kristy	0417 361 269
April 5, 2020	HORSE TRIALS (Official) - Yarrambat ARC	March 22, 2020	Emma	0448 480 011
April 5, 2020	DRESSAGE JACKPOT WEEKEND (Official) - Kilmore ARC @ Elmore - Day 2	March 18, 2020	Lucinda	0448 880 226
April 5, 2020	SHOW DOUBLE POINTS (Official) Seymour DR&SJ @ Seymour Autumn Classic Show	March 30, 2020	Sandi	0422 166 578
April 18, 2020	DRESSAGE JACKPOT (Official) - Bendigo & Dist FEG	April 5, 2020	Lucinda	0448 880 226
April 18, 2020	DRESSAGE JACKPOT WEEKEND (Official) - Gramplans ARC @ Great Western	April 6, 2020	Kaye	0428 501 153
April 18, 2020	HORSE TRIALS (Official) - Bulla ARC - 2 days	April 7, 2020	Juliana	0448 051 496
April 18, 2020	DRESSAGE JACKPOT (Official) - Coastal Equestrian Club @ Boneo Park	April 3, 2020	Karen	0407 433 956
April 19, 2020	DRESSAGE JACKPOT (Official) - Bendigo & Dist ARC	April 5, 2020	Lucinda	0448 880 226
April 19, 2020	DRESSAGE JACKPOT (Official) - Inverleigh RC - Golden Spurs series	April 10, 2020	Lucinda	0448 880 226
April 19, 2020	DRESSAGE JACKPOT WEEKEND (Official) - GGG series Final - Gramplans ARC @ Great Western	April 6, 2020	Kaye	0428 501 153
April 25, 2020	HORSE TRIALS (Official) - Westcoast ARC - 2 days	April 19, 2020	Lucinda	0448 880 226
April 25, 2020	DRESSAGE JACKPOT WEEKEND (Official) - Goulburn Valley EC - 2 Days	April 14, 2020	Lucinda	0448 880 226
April 25, 2020	DRESSAGE JACKPOT (Official) - North West Vic ARC	April 20, 2020	Bridget	0431 838 621
April 26, 2020	DRESSAGE JACKPOT (Official) - Portland ARC - CCC series - Round 5	April 12, 2020	Carole	0409 331 137
April 26, 2020	COMBINED TRAINING & DRESSAGE DAY (Official) - Upper Beaconsfield RC	April 16, 2020	Lucinda	0448 880 226
April 26, 2020	SHOW (Official) - North West Victoria ARC	January 20, 2020	Bridget	0431 838 621

Rally Report- February 1st 2020



Picture above- Kat Galloway and Ellie

As Saturday 1st February was forecast to be stormy, the Committee decided to start early in the hope of avoiding a repeat of the other recent rain affected rallies. Maxine, who with others had ridden in previous wet rallies, said on Facebook

“80% chance of rain when I ride,... will be happy as long as I don’t get hit by lightning”

Undaunted ten riders divided into four groups had lessons featuring poles work with instructor Kyle Calderwood. I was disappointed not to ride, but the unrelenting heat on the northern side of the Great Divide where I have my property made the decision for me.

It was great to meet up with riders and non-riders at the rally. In particular it was fabulous to see Kat Galloway. The action packed picture above shows Kat and her Off the Track Thoroughbred mare Ellie in full flight. Ellie loves to jump but unfortunately has been sick over recent weeks with a sinus issue. We wish her a speedy recovery and look forward to seeing them both at a rally soon.

Rally Report- March 7th 2020

What makes Kilmore Adult Riding Club Special?

After a string of wet and cold rally days followed by a hot and humid meeting in February, it was wonderful to have our March rally blessed with fine weather. Horses, riders, spectators and instructor appreciated the milder weather.

Our March instructor was Nicole McOwn who comes from Bolinda where she runs Mellizo Park with Brendan McOwn. Brendan and Nicole are both competitive riders and Nicole is an Equestrian Australia Level 1 General Coach, offering lessons in dressage, jumping and cross country. From my observations Nicole's instruction was well received by the group. She was quickly able to assess each horse and rider and set about offering valuable advice for improvement. She was forthright in her comments and encouraged riders to make the changes needed to improve.

There was a strong showing of twelve riders booked in for the day. The twelve were broken into 4 instructional groups listed below.

- Joanne Empey, Alison Gerring, Erica Crawford,
- Kate Allingham , Joel Jacobsen, Judi Beth Kidson
- Lesley Holmes, Tara Macdonald, Sandy
- Sarah Powell Maxine Coucill , Sue Flavin

It's the shared approach to learning that I think sets this Club apart. Participants in group lessons learn from one another, get to know more about each other and provide support for future development. The willingness of members to share lessons and to learn together sets this Club apart. The benefits of which shine brightly for all to see; members work well together and a strong camaraderie is felt by all. The large number of non-riding members and family, at rallies, is another indication the Club has a healthy community. Rallies provide an opportunity for riders and non-riders to meet up with friends, watch and learn from each other and enjoy being part of the Kilmore ARC.

The lunch, organised by Lesley, was much enjoyed by all. The BBQ food was tucked into by over 20 people, thanks to all who brought something for the table. I can't go without giving a special mention to Sandy who made an amazing cream sponge and Justyne who made lovely cinnamon muffins.

There is no rally in April as we will all be at the Dressage day at Elmore. There is a midweek rally on 2nd April with Nicol McOwn who will also be the instructor for our May rally back at the Club grounds. I look forward to seeing you all at these events.

Thank-you to our sponsors



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Ph. 5782 2866

info@southsidestockfeeds.com.au



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Clients can be confident that both they and their horses will be handled with professionalism and integrity. I will strive to offer a safe, fun learning experience, that will improve rider position through body balancing techniques and exercises.

PETstock Kilmore



Rally Information

All rally payments are to be paid into the Club account by the Thursday with the reference: **Your Name + Rally**. Cash payments can be made by prior arrangement with the Treasurer. This allows us to confirm numbers with the instructors and organize the groups.

Official Rallies are \$30, Unofficial Rallies are \$20. Bookings are finalized the Monday before

CANCELLATIONS

Any rally cancellations received after 6pm on the Monday still require payment unless a vet/ medical certificate can be supplied.

If you need to cancel, please call or SMS the Rally Coordinator.

PAYMENTS

Payments are to be made to:

Kilmore & District Adult Riding Group

BSB: 633000

ACC: 154624829

MANURE

Instead of placing the manure under the trees we are trialling placing the manure in old feed bags and leaving out for the neighbouring community for their gardens. Hopefully a win for all.

LUNCH

Don't forget the yummy BBQ lunch starts up again in October. All welcome so even if you're not riding come on down for a chat. Lunch \$5 per person. Could those riding please bring something to share for lunch. A salad, dessert or nibbles would be very much appreciated.



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Risk Management Coordinator

Position yet to be filled

First Aid Officers

Position yet to be filled

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**Members only Facebook
group**

<https://www.facebook.com/groups/kadarcclub/>

