

# AND DISTRICT Adult Riding Club

June 2020 Covid-19 Edition

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Letter from the editor
Sue Flavin

Welcome to the June Newsletter.

The March Rally seems a long time ago now. I remember talking with Sue Williams about Covid-19. We both knew changes were coming and a few weeks later our world began to look very different. On March 27 309 Covid-19 cases were reported in a single day here in Australia and deaths began to grow across Europe.

Changes to our normal life began to hit hard and fast, the dressage jackpot at Elmore had to be cancelled and lock down measures, issued by the Victorian Government, prevented us from going out with our horses.

April and May came and went with no rallies. Luckily the weather was glorious. We stayed home, stayed safe and hoped that together we could flatten the curve.

As time has passed and we have watched Covid-19 spread across the globe I have become increasingly glad to live in Australia where the death rate has been kept low and cases numbers have been reducing.

We are now in a transition phase and looking forward to resuming our rallies. We may even be able to use El Castillo during the winter months.

Thanks Gail for liaising with Mitchell Shire to get the Club back up and running. Thanks also to the executive committee who have renovated the club grounds and worked on winning new funds for the club. You can read more details about these changes in the newsletter.

My email address is Suejflavin@gmail.com

I look forward to your contributions to the newsletter.

Happy reading and riding



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Peppercorn Park - A great place to ride





Hi All,

We are unable to run our normal social dinner and committee meeting at trackside on Thursday due to COVID 19 restrictions. The committee will run a small meeting at one of the members' homes however would welcome any items for the agenda from any member. You would also be welcome to ring in on Thursday after 8pm on 0401218667. Kind Regards

Gail Allingham

#### NEW PROCESS FOR RIDING AT GROUNDS BETWEEN RALLIES

If you would like to ride at the grounds between rallies please text our new "grounds booking officer" Maxine on 0400381317 with name, phone number and times you will be at the grounds.

There is to be no more than 4 people at a time riding at the grounds between rallies. Maxine will record who is riding when and inform members if too many have booked at one time. Probably very unlikely but records are also needed if someone tests positive to COVID-19 in the future.

Most importantly don't ride if you have symptoms or feel unwell.

Committee Meetings

July 2<sup>nd</sup> location TBA

# Peppercorn Park Longlea- A day out or a holiday with horses and dogs



Peppercorn Park lies between Heathcote and Bendigo. It is open to horse riders and sits on the O'Keefe rail trail.

If you haven't been to Peppercorn Park it is a fabulous facility comprising

- One main sand arena 100m x 30m
- One grass arena 50m x 30m
- 20 day yards (14 steel double rail, 6 steel & wire near sand arena) available

Unpowered camping is allowed with a. \$5 levy per horse is charged for overnight / camping stays

Dogs are permitted at the venue but must be suitably restrained at all times.

For further details go to -

https://www.facebook.com/PeppercornPark

## Exciting Developments at the Club Grounds by Jo Empey

As we haven't been able to ride there has been some exciting developments behind the scenes. We have used the down time to our advantage and the club grounds have been renovated.

This has involved the spraying of the grounds to remove weeds. Two loads of blue dust were then delivered onto our bottom arena. Mark and Maxine have kindly spread it out for us ready to ride on.



#### Gail Allingham

Thank you Maxine, Mark and Jo for such a great job on the arena. Sarah Powell you a star at grants. Great people make a great club.

Like Reply 2 w





We have had the go ahead from HRCV to start rallies and be able to use the club grounds. Thanks to Gail for all the hard work of dealing with return to play paper work

We also have been successful with obtaining the Vic Health Active Grant thanks to Sarah. That was a massive \$2600 which we can use to update our jump wing and get new light weight poles.

We have been busy behind the scenes on the executive committee as we can't have normal meetings at the moment. Can't wait to get back to some normality with rallies and meetings.

# HRCAV POSTED 25TH MAY - EASING OF RESTRICTIONS IN VICTORIA

#### UPDATE 25TH MAY 2020 FOR VICTORIAN CLUBS

Pony Club Victoria, Equestrian Victoria and the HRCAV are committed to ensuring the health and safety of our members and community. We continue to remain engaged with all levels of government and industry bodies around the COVID-19 situation, providing you with the latest information as it translates to equestrian activity.

We thank all our members and the broader equestrian community for your hard work to ensure restrictions can be eased by the state government.

Restrictions were eased from 11 May 2020 and yesterday further restrictions were announced by the Victorian State Government. Effective 1 June 2020 up to 20 people may gather outdoors, with a further easing 22 June 2020 that will allow for up to 20 people to gather indoors in groups of 10.

#### EFFECTIVE FROM 1 JUNE 2020

Outdoor recreational activities can be undertaken in groups of up to **20** participants, subject to social distancing and hygiene measures being implemented. This means members may continue to:

#### Ride off property

Travel horses locally and regionally including for training/coaching – overnight stays at friend or family premises permitted subject to current restrictions

Participate in outdoor training/coaching activities with a maximum of **20** participants

#### Note:

Riders should check with venue as owners/managers who may have venue specific restrictions

Social distancing (1.5m) and good hygiene MUST be maintained

These allowances are for outdoor areas only – no gatherings for recreational activities indoors are permitted

Groups can be no larger than **20** (plus the coaches and helpers required to run the activity). More than one group of **20** can be present on a venue at the same time, if the different groups are physically well separated on different parts of the venue. No other facilities except toilet facilities may be used.

1 parent/helper per rider only.

Toilets can be used. Hygiene must be maintained, and soap or sanitizer provided.

Club rooms, canteens and other spaces must remain closed.

The COVIDsafe app should be downloaded and active.

Name, mobile phone and time at the venue must be recorded for every person present.

Person displaying any sign of sickness must not attend.

Clubs which allow member use of locked grounds for training must put in place a booking system to limit numbers at the grounds at any one time. Rules in line with the requirements for rallies and group training must be applied.

Members may continue to:

Have coaches, farriers, trainers, vets, and other equine professionals attend your property

Attend agistment centres to care for horses subject to venue owner/manager specific restrictions

The approach to activities/training should focus on 'get in, train, get out', minimising unnecessary contact in stables, toilet facilities, and any communal areas.

BE SAFE, CAUTIOUS & APPROPRIATE.

EFFECTIVE FROM MONDAY 22 JUNE 2020 SUBJECT TO THE ADVICE OF THE CHIEF MEDICAL OFFICER

In addition to the existing conditions outlined above for outdoor activity, from Monday 22 June up to 20 people can gather and train indoors per separate enclosed space. This includes indoor equestrian centres and club rooms.

10 people maximum per group/activity 4 square metres per person and 1.5 metres apart at all times. Canteens, and other amenities remain closed Toilets can be opened provided hygiene is maintained

This means in any one indoor space there can only be 20 people maximum, and only in groups of a maximum of 10. This includes trainers, parents and helpers.

We thank you for your continued support during this challenging period and encourage members to contact your respective state office if we can be of any assistance with advice or support.

#### GRADUAL EASING OF RESTRICTIONS:

https://www.dhhs.vic.gov.au/gradual-easing-restrictions-covid-19

#### SPORT AND EXERCISE:

https://www.dhhs.vic.gov.au/sport-cultural-and-recreational-activities-restrictions-coronavirus-covid19

#### The Latest News as of 21.6.2020 re Covid-19 and HRCAV

An email received by Gail 21.6.202, from HRCAV, contains the latest update regarding club activities and Covid-19. As you all realise, the situation is very fluid and will continue to change as case numbers increase or decrease.

Please visit the HRCAV website to keep abreast of the latest news and updates as they come through.

#### https://hrcav.com.au/covid-19-information/

"Victoria is 2 days away from the next easing of restrictions so it is time for an update. The information we have posted has become fragmented so the attached document has been prepared to provide an overview of where we are at.

Covid restrictions can vary from state to state however, the restrictions relating to our activities align at present so the information in the attached document is applicable to Clubs in all states. Any future variations will be addressed as they arise.

#### The main updates are:

• Clubs which hold activities and rallies are required to prepare a Club Safety Plan. Don't panic – there is a template in the attachment to guide you.

#### From 22nd June

- Indoor arenas can be used
- Club rooms can open
- Showers can open
- Canteens can open (strict requirements)

Everyone is no doubt wondering when we will be able to return to competition. We are waiting for DHHS clarification of a number of points and, when we have answers to our questions, we will update members about arrangements for competitions. At this stage, competitions cannot be held until we notify otherwise."

### Welcome to new member Ashlea Ramsdale

Ashlea has recently joined our club. She writes the following about herself -

"I've been riding for 20 odd years (wow, that makes me sound old!), but on and off the past 5 years as I've had 2 kids and a fall that broke my pelvis! I've been lucky enough to lease a beautiful warmblood x, so I can start riding again :) I can't wait to meet everyone!"



Ashlea's new horse

## Rally Report- June 6 2020



Judi Beth Kidson and her brumby Ollie



Tara Macdonald

June was our first rally back at the grounds since the lockdown began in March. Club members were cautiously eying the weather forecast hoping that they would be able to ride in the dry. Rain has become a feature of our rallies over the last months of 2019 and earlier 2020. As the photos show the day was fine and with patches of sunny sky. The riders included Jo Empey, Maxine Coucill, Judi Beth Kidson, Alisone Gerring, Erica Crawford, Lesley Holmes, Sandy, Tara Macdonald, and Beth Westworth. Unfortunately Sarah Powell's horse Stella was unwell and they were unable to attend the rally.

Due to the Covid-19 restrictions, rallies are not the social happenings they usually have been. Hopefully, over coming months we will be able to hold morning teas and lunches again and visitors will be welcome. I have included detailed information regarding the Covid-19 rules and regulations elsewhere in the newsletter. Please refer to these and forthcoming emails and the Facebook page for updates.

# Thank-you to our sponsors





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Clients can be confident that both they and their horses will be handled with professionalism and integrity. I will strive to offer a safe, fun learning experience, that will improve rider position through body balancing techniques and exercises.







# **Rally Information**

All rally payments are to be paid into the Club account by the Thursday with the reference: **Your**Name + Rally. Cash payments can be made by prior arrangement with the Treasurer. This allows us to confirm numbers with the instructors and organize the groups.

Official Rallies are \$30, Unofficial Rallies are \$20. Bookings are finalized the Monday before



Any rally cancellations received after 6pm on the Monday still require payment unless a vet/ medical certificate can be supplied.

If you need to cancel, please call or SMS the Rally Coordinator.



Payments are to be made to:

Kilmore & District Adult Riding Group

BSB: 633000

ACC: 154624829

#### **MANURE**

Instead of placing the manure under the trees we are trialling placing the manure in old feed bags and leaving out for the neighbouring community for their gardens. Hopefully a win for all.

#### LUNCH

# No food to be shared at the moment





#### **CLUB CONTACTS**

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#### LB Davern Reserve Representative

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#### **Risk Management Coordinator**

Position yet to be filled

#### **First Aid Officers**

Position yet to be filled

#### **Club Mailing Address**

PO Box 446, Kilmore Vic 3764

#### Website

www.kadarc.org

#### Club email

secretary@.kadarc.org

# Members only Facebook group

https://www.facebook.com/gro